

Calabasas *Style*

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with the Guanche Family

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Their family is about *Fun*

Calabasas Style Profile with The Guanche Family

By Beth Cone Kramer
Photographed By Marvin Steindler

When Carlos and Anna Guanche relocated to Southern California from Minneapolis nine years ago, the physicians were attracted to the Calabasas area because of the “great public school system” as well as its proximity to their respective practices. The Guanche family spent nine years in Calabasas Park Estates before moving to their current home in Hidden Hills, which they share with children Carlos and Isabella, a rambunctious and lovable Australian shepherd named Chumba, and their African sulcata tortoise named Max.

Carlos and Anna are active in medical societies and local charities. The couple also supports their children's schools. Their son Carlos, 14, attends Harvard-Westlake where improv and acting are his “sports.” The Advanced Placement and honors student is currently playing the role of Senex in the school production of “A Funny Thing Happened on the Way to the Forum.” Carlos is an avid reader. Eleven-year-old Isabella is a sixth-grader at Sierra Canyon but will join her brother at Harvard-Westlake when she starts seventh grade. Isabella swims, plays volleyball, and also



Anna Guanche describes her new hometown as clean and beautiful. People take pride in their houses. We love the views from our home, which make us feel open-hearted. We love the fascinating people and the community in general.

“We’re workaholics who truly love what we do,” said Anna, the dermatologist and dermatologic surgeon who focuses on aesthetic procedures with a specialty in lasers and injectables. Her husband is an orthopedic surgeon with a specialty in sports medicine, shoulder arthroscopy and reconstruction, and hip arthroscopy. Anna elaborates, “I take delight in doing procedures to make people look and feel better. Carlos loves to fix people and restore functioning. Together, we are form and function, skin and bones.”

performs improv. Her mother says her daughter mainly loves visual arts. Isabella creates a visual arts piece every day. Both children play piano, and Carlos has recently started to play guitar.

The family's almost two-year-old pet Chumba burns off energy in an obstacle course in the backyard. In contrast, Max spends his days in his terrarium munching on lettuce. “Our family is about fun! We love to laugh, entertain, and travel together. We see the joy in life,” shares Anna.

The Guanches take advantage of cultural events, both local and in the Los Angeles area. Avid live music fans, they have enjoyed seeing acts including Lady Gaga, Maroon 5, Muse, and Beyoncé. “We love theatre, both locally and in New York,” Anna adds. The younger Carlos is not the only performer in the family.



Anna appeared in the Hidden Hills production of "Bye Bye Birdie" a few years ago and enjoys watching the annual Hidden Hills Valentine's Day Musicales.

Travel is another priority for the Guanche family. "We love travel – we take the kids all over the place," says Anna. "Carlos is invited professionally to speak worldwide, so we have been to Chile, Rio, Buenos Aires, Toronto, Munich, Paris, and through the continental U.S. We have family in Miami and visit the other coast regularly!"

The family likes to "explore and diversify" during their frequent travels but, "We always enjoy Maui," Anna says.

"Food is our other THING! We enjoy fine dining very much. We enjoy fine restaurants very much and seek out restaurants wherever we go in order to experience the local cuisine."

Favorite dining spots in L.A. include Fogo de Chao. Closer to home, the Guanches can be found dining at King's Fish House in the Calabasas Commons and Riviera Restaurant and Lounge.

The busy couple enjoy a variety of pastimes at home. Anna says her husband is a "true wine enthusiast," and adds that he stores his favorites in his wine cellar, which is "not big enough yet!" In her free time, Anna loves to work out in group fitness classes such as kickboxing, spinning, Pilates, and hip-hop. She also enjoys writing, which she has done since she was 11.

The Guanche family enjoys life in Hidden Hills and Calabasas, where Anna likes to catch up with neighbors as she walks Chumba around the block, and to run into friends at events such as the City of Calabasas Fireworks Spectacular each July 4. She adds, "We see many of our patients in the neighborhood, and it is a pleasure to connect with them on a social level. Hidden Hills has a great sense of community and peacefulness that is a departure from city life." ■

If you know a great family or individual to profile, please contact us at: stylepublishing@gmail.com.

